

The Caledonia Nordic Ski Club is committed to the Health and Safety of our members. A return to sport safety plan is required before clubs can resume program delivery and facility operations. We have developed the following policies for the 2021-22 season with the intention to exceed the guidelines established by the Health Authorities and governing sport associations.

Before entering our facility, please ensure you follow the [BC Government COVID-19 Self-Assessment Tool](#) and we ask you refrain from visiting if you have any signs and Symptoms of COVID-19.

Provincial restrictions are in place to help stop the spread of COVID-19. Some restrictions are made by the Provincial Health Officer (PHO) under the Public Health Act and others are made under the Emergency Program Act (EPA). CNSC may also have additional policies and procedures mandated for operational staff, volunteers, and participants in programs and events within the organization.

## Current Northern Health Orders

### Northern Health Orders vs Provincial Health Orders

To help us support Northern Health orders and to keep everyone safe, the following practices are being implemented:

- Masks worn within all CNSC indoor spaces.
- Covid Passports are not required for general members to access to CNSC facilities or trails at this time.
- All Program Participants (12 and over) must be double vaccinated by an approved government vaccine in order to participate in club programs.
- All coaches, volunteers, and officials working with children must be double vaccinated.



## Proof of Vaccination (PoV) Requirements

- Proof of vaccination will be required for all volunteers, and participants at any CNSC hosted competitions, masks will be also be required for all except for athlete's while competing.
- All athletes and support staff participating in any sanctioned CNSC races must be double vaccinated. Participating athletes and support staff must come with a Covid passport for easy verification.
- All athletes and support staff participating in CCBC and Biathlon BC training camps at CNSC must be double vaccinated.
- All club coaches (paid or volunteer) and all program participants (12 and over) must be double vaccinated to participate in CNSC programs.
- In order to ensure the health and safety of all staff members, all staff must be double vaccinated with a government approved COVID vaccine (unless exempted) to be employed with CNSC in 2021-22.

## Travel advisory

- There are no travel advisories or restrictions for camps, training, or races at this time.
- Click the link to view the full BC Government [Travel Advisory Restrictions](#)

## Facility Advisory

- All in-person ticket sales and rentals will be completed in our rental office.
- The upstairs will have limited seating for the 2021-22 season.
- When using all buildings and outbuildings at CNSC you are required to wear a non-medical face mask.
- We are asking all users to carry masks and to wear them when social distancing cannot be maintained in the (stadium area or on the trails).
- Please bring your own PPE to reduce the wasteful consumption of disposable masks.



## School Skis

- Participants are not required to provide proof of vaccination at this time.
- Ski program teachers, volunteers and parents are required to provide PoV.
- Ski participants, volunteers and parents must follow PHO orders with regard to mask-wearing in indoor spaces, staying home if unwell, perform a daily health check, and social distance.
- Inside CNSC facilities all participants must wear a face mask.

## Biathlon Range Rental and Usage

- Teams renting range spaces are required to be fully vaccinated and must provide proof of vaccination for 12 and over.
- If visiting athletes are not feeling well they must follow PHO guidelines and stay home or at team accommodations.

## Masters XC and HP Programs Advisory

- All adult programming (Masters) are intended to proceed for the season, as directed by the PHO.
- Group size limits are not in place but we have recommended that all group sizes do not exceed 10 where possible.
- All participants (12 and over) in programming at CNSC must be double vaccinated to participate for the 2021-22 season. Your vaccine passport will be checked by your coach at the first formal training session.
- All club coaches and all program participants (12 and over) must be double vaccinated with a government approved COVID Vaccine to participate in CNSC Programs.



## Youth XC and Biathlon Programs Advisory

- Group size limits are not in place but we have recommended that all group sizes do not exceed 10 where possible.
- All participants (12 and over) in youth programming at CNSC must be double vaccinated to participate for the 2021-22 season. Your vaccine passport will be checked by your coach at the next formal training session.
- ALL club coaches (paid or volunteer) and all program participants (12 and over) must be double vaccinated with a government approved COVID vaccine to participate in CNSC programs.

## Facilities

- Rental Shop, Wax Room and Washrooms will be available to the general public throughout the season.
- Sanitize hands upon entry, bottles of sanitizer are provided at each entrance.
- Social distancing and masks are required inside all facilities.
- Main buildings will be available for use based on current recommendations from the Public Health Officer and Provincial Government Guidelines.
- The following spaces have a maximum capacity that ensures distancing specified by the Public Health Authority:
  - Rental Shop: 12 people (8 customers + 4 staff)
  - Main Office: 4 people
  - Wax Room: 4 people
  - Upper Lodge: 24 people
  - Tech Building: 15 people
  - Biathlon Tech Building: 10 people
  - Santa Cabin: Closed

## Workplace Safety Resources

- [Employee Health Daily Check-In Requirements](#)



