

2020/2021 CNSC Programs Report for

Annual General Meeting

The 2020/2021 season with the expanded snow making equipment and great snow conditions set the stage for some great experiences for Programs with many successes. COVID was again a challenge cancelling all events across BC and Canada, however Caledonia offering an outdoor activity was able to have the trails remain open with grooming and many members enjoyed the trails all season. As summer approached the CNSC staff and volunteers were still busy in developing COVID plans in order that summer activities such as the Mountain Bike camps, and Nordic summer training plans could continue in a safe manner and follow Public Health Orders.

The following are the highlights from each program area:

Ski School Programs:

CANSI 2021

Biggest year ever

~231 lessons

~ 455 clients

20 Cansi instructors

The majority of lessons were beginners or brand new to skiing (classic)

The season extended well into April because of a combination of great late snow and the effects of Covid. Lots of new faces at CNSC!

Very hopeful that CNSC will be the safe place to be to take on a new outdoor sport this winter. Already lots of interest in lessons. Lots of families.

School Ski 2021

Another outstanding year. 66 schools encompassing 1400 kids, 20 school ski Coaches

The pandemic did not deter school groups.

A surprise fundraising event was done by 3 Senior race team athletes to raise \$ for the ski school program so that under privileged children can attend the ski school program this coming winter. Martin Williamson, Tyson Green and Joshua Fiala completed a 24 hour ski for the kids!!

Racing Program Report:

The 2020/21 season saw no racing across the province or Canada, but our resilient athletes continued to train and hone their skills.

With the absence of races this past season, the racing program created its own competition setting up teams that were awarded points for various activities through the winter. You may have noticed the various team flags flying from the lodge this winter. The team with the most points each week had their flag flying high in recognition. To cap off the season the race program held a fun ski cross event and the athletes came dressed in team spirited costumes. The day was made even better as it was held the day after we had 25 cm of new snow!!

The team took a break from team practices for April/May while the athletes got some much-needed rest while Via Sport and Cross Country BC & BiBC worked hard to create Covid protocols that would allow us back to racing and offer training camps. The athletes and coaches were excited to get back to a schedule and we started summer training with a higher number of athletes than the programs have seen for year-round training. As a sport we consider ourselves very lucky to be able to safely train during the pandemic while following provincial and regional health guidelines. The summer brought some great team bonding for the athletes and coaches.

Moving into the fall and winter our numbers are looking overall similar to past seasons. The Track Attack/Biathlon Bears program is currently lower than last season but the coaches are confident that it will grow as the snow flies, the Juniors program has grown. Again this winter we will offer a winter fit program to accommodate for the athletes who don't want to race but still love to ski. Our Head Coaches are working on organizing coach development sessions to ensure our volunteer coaches are confident and have the space to work on personal development. The race season has been planned and scheduled and the kids are excited to be out training and exercising to showcase their skills.

Masters Program & Seniors Program

Cancelled due to Covid

Skill Development Program:

Successful season – the SDP program had 115 young athletes out skiing the trails this past winter

31 Volunteer coaches without which we could not run our program. These people are the backbone of our program and are all amazing and dedicated!

New signs to help kids and coaches unite on lesson day (Need to make better bases as they tend to blow over in the wind).

Looking forward to this year -

Expecting high demand for our outdoor programs due to the continuation of covid and the cancellation or reduction of most indoor sport in PG. At this point we are already essentially full and looking for more volunteer coaches to be able to take more kids into the program.

TA this year is a little skinny as we saw a larger cohort move into development programs leaving a bit of a hole behind. This shows us the importance of large registration numbers at the very young ages to have enough kids interested in competitive skiing move through the SDP levels.

Introduction of Winterfit (replacing Jackalopes) ages 9-18. This group is an attempt to address the drop off of kids around age 8-10 if they are not interested in racing/competitive programs. It will be socially based with emphasis on fun, XC skiing and other winter activities such as snowshoeing.

Identify need for coordinated program to recruit volunteer coaches. This is always a challenge.

Mountain Bike Camps: A very successful year of bike camps that were sold out with waitlists. A new Head Coach was brought in who works as an outdoor recreational teacher with SD57. Coaches were experienced mountain bikers with coaching certificates and drew on many of the CNSC athletes. Feedback was very positive.