

## Caledonia Nordic Ski Club

Annual General Meeting 2019 – October 24, 2019

### Programs Report

#### Biathlon Program

- Program participation is at near maximum capacity of 30 athletes, and continues to be one of the largest biathlon clubs in the province
- Capacity is determined by the number of club rifles available, number of lanes on the shooting range, and number of coaches
- 2018-2019 racing season was well attended by CNSC biathlon
- Athletes and coaches attended all BC Cup races and eligible athletes represented CNSC and BC at the National Championships held in Whistler
- The beginning of 2019-2020 season is off to a great start with the hiring of Kendall Chong as Club Biathlon Coach for CNSC
- Kendall is supported by a strong team of volunteer coaches, many of whom are currently working on upgrading their coaching certification through the National Coaching Certification Program

#### Skill Development Program (SDP)

- Excellent participation and enrolment, program for athletes ages 4 – 12
- At CNSC - SDP participants can stream into biathlon or cross country starting at age 10
- Supported by volunteer coaches and Program Coordinator
- Coach recruitment and training is ongoing and CNSC has done a great job of providing regular opportunities for training and certification of new coaches
- 2018-19 season faced a few challenges with cold weather and scheduling around events

#### Cross Country Program

- Cross country programming is developed and lead by Head Coach- Nicole Perrin with the assistance of volunteer coach leads from track attack through learn to compete.
- After one-year in the role Nicole has developed a solid program with the support of her team that has the capacity to support both the performance and recreational aspects of cross country skiing.
- Initiatives such as the integration of biathlon and cross country skiers starting summer training has had significant positive benefits for athletes and coaches from both program areas
- Areas identified for future potential growth include enhanced opportunities (recreational and competitive) for participants from age 13 up through masters as well as further recruitment and retention of athletes and coaches beyond the level of SDP.
- Currently CNSC has several athletes participating on several provincial development teams.

### General Program Initiatives

- Many programs participants are also active club volunteers and have supported a number of community oriented initiatives this year such as the Labour day classic running race, annual ski swap, a new Turkey Trot race, and the World Para Nordic Event.
- Project funding was granted by Kal Tire in 2019 to add stations at the agility park and develop a new bunnies adventure ski trail