

**COVID-19 SAFETY PLAN**  
**2022 Caledonia Nordic Ski Club BC Winter Games Zone 8 Trials (XC Skiing)**

**EVENT:** 2022 Caledonia Nordic Ski Club BC Winter Games Zone 8 Trials (XC Skiing)

**DATE:** January 2, 2022

**LOCATION:** 8141 Otway Road, Prince George, BC

**VENUE OWNER:** Caledonia Nordic Ski Club (“CNSC”)

**ORGANIZER:** CNSC XC Competitions Organizing Committee

## **PURPOSE**

The following plan outlines how the CNSC plans to safely run a competition called the BC Winter Games Zone 8 Trials (XC Skiing) for XC skiing athletes of the club and surrounding region in a COVID-19 environment that meets the Order of the Provincial Health Officer titled, “Gatherings and Events – December 22, 2021”, and the Northern Health Covid-19 Public Health Orders effective December 24, 2021.

## **BACKGROUND INFORMATION**

1. The COVID-19 Safety Plan for this event is based on the Order of the Provincial Health Officer titled, “Gatherings and Events – December 22, 2021”, Northern Health Covid-19 Public Health Orders effective December 24, 2021 and guidance provided by viaSport’s “Return to Sport Restart 2.0” current to December 23, 2021;
2. As per the PSO and NSO, “Clubs and organizing committees have Cross Country BC and Nordiq Canada’s support to implement additional rules, guidelines, and best practices that make sense where they operate. For example, we will support race organizing committees who limit participation in sanctioned events according to vaccination status”
3. Cross Country Skiing is an individual outdoor sport with no body contact;
4. Liability insurance coverage is provided by the National Sport Organization (Nordiq Canada) /Provincial Sport Organization (Cross Country BC);
5. The competition venue for the Cross Country skiing competition occurs outdoors on the ski trails. Indoor areas associated with the event, occur in the XC Technical building (i.e. timing, announcing, equipment storage, individual washrooms) as well as the rental office in the main lodge (race office, group washrooms). The main lodge area will be closed to participants for this event.

## **TERMS**

- Participants- athletes/competitors, coaches and support personnel, officials/volunteers, and others attending the event;
- Venue Owner- occupier and operator of the Caledonia Nordic Ski Club;

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- Competition Venue- area of CNSC set aside for the event;
- Coaches and support personnel- coaches, assistant coaches, parent helpers;
- Event Organizer- the CNSC XC Competition Organizing Committee;

**RESPONSIBILITIES**

Caledonia Nordic Ski Club

1. Ensure COVID-19 safety precautions are met to ensure the health and safety of CNSC staff and volunteers;
2. Ensure the XC Competition Organizing Committee is aware of the requirements under the Provincial Officer of Health “Gatherings and Events – December 22, 2021”, Northern Health Covid-19 Public Health Orders effective December 24, 2021;
3. Ensure space is set aside that supports and ensures adequate space to host the event under COVID-19 safety precautions;
4. Obtain contact information of participants and retain for minimum of 30 days.

CNSC XC Competitions Organizing Committee

1. Will require Proof of Vaccination for all participants on the day of the event. Proof of vaccination will be verified using the BC Vaccine Card Verifier app.
2. Will create an online race registration that collects athlete registrant information;
3. Appoint a Chief COVID Officer. This individual will also function as the Assistant Competitions Secretary. Responsibility for the role includes:
  - a. Provide CNSC and the XC Competitions Organizing Committee their COVID-19 plan for this event;
  - b. Provide oversight of the recommendations below and maintain a check list indicating they were done, and by who and when:
    - Ensure there is a central contact point for all participants for COVID-19 questions and concerns;
    - Ensure the Competition Secretary maintains a record of contact information for all participants in attendance at the event for notification and 'Health Authority' contact- tracing purposes;
    - Ensure there is a system to notify all participants if there is a positive COVID-19 case reported during or immediately following the competition, and to inform

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Nordiq Canada (NSO), Cross Country BC (PSO) and the event insurer for monitoring purposes (following external communications protocols);

- Ensure coaches, officials and key volunteers are informed on COVID Safety Protocols.

4. The CNSC lodge (upstairs) at the competition venue will house the race office. The XC technical building will house the timekeeping room and the jury meeting room. Only authorized individuals will be permitted to enter the building this includes physical distancing of 2 metres, wearing masks (covering nose and mouth), disinfecting equipment as necessary, etc.);

5. Fencing systems (net fencing, link fencing, V-boards, etc.)- installation, removal and transporting will be handled carefully and Personal Protection Equipment (PPE) will be used as necessary;

6. Jury meetings, protests meetings, etc., will be held outside whenever possible maintaining physical distancing of 2 meters and masks (covering the nose and mouth) will be used at all times;

7. The competition format for this event will be individual interval starts. The interval between interval starts will be a minimum of 30 seconds, to minimize close proximity of athletes on the ski course and in the start and finish areas;

8. The number of officials in the start and finish areas will be limited to the minimum number required, and masks (covering the nose and mouth) will be worn by these individuals at all times. Officials are able to spread out within the stadium and around the competition course to easily maintain the necessary physical distancing;

9. The person-to-person transfer of competition bibs will not be allowed. The athlete will remove their own bib after they cross the finish line and take it to a designated drop-off point. A safe method of handling/washing the cloth bibs will be determined by the event organizers;

10. Athletes will be responsible for their own water/food/refreshments, clothing and equipment (i.e. before and after racing). Volunteers will not be handling any of these items.

#### Participants

1. All athletes will be required to register online. Participants must provide proof of vaccination to the Secretary, in advance of the event or 'check-in' at the race office where proof of vaccination will be verified using the BC Vaccine Card Verifier app.

2. Athletes will be required to bring all their own equipment and supplies (back packs, filled water bottles, food, cameras, etc). Sharing of these items is not permitted;

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3. Warm up activities will be conducted outside where physical distancing is possible (i.e., warm up loops or a designated area near the stadium);
5. Physical distancing of 2 meters and face masks (covering the nose and mouth) are required in communal areas;
7. Athletes will wear face masks (covering the nose and mouth) except when warming up, racing, or cooling down.
4. Physical distancing of 2 meters will be required at all times, including the warm-up area, start area, finish area, on course, and warm-down area;
8. The person-to-person transfer of competition bibs will not be allowed. The athlete will remove their own bib after crossing the finish line and put in the designated bin;

**POST COMPETITION CONSIDERATIONS**

1. The awards ceremony will be conducted virtually or modified significantly to:
  - a) Accommodate for physical distancing of 2 metres with face masks (covering the nose and mouth) required; and
  - b) Allow for photo opportunities taking into consideration the above guidance.
2. Athletes, coaches, officials, volunteers and others attending the event will be encouraged to contact the Chief COVID-19 Officer if they test positive within 48 hours from the conclusion of the competition so that the Officer can initiate the proper protocols.

The CNSC recognizes and acknowledges the Northern Health Authority, has the power and right to cease the 2022 Caledonia Nordic Ski Club BC Winter Games Zone 8 Trials (XC Skiing) if they deem it in the best interest of the public safety.

**Caledonia Nordic Ski Club**  
**Date: December 28, 2021**