

## **GRAND TOUR Week 6 - LOOP de LOOP 6.0km**

Starting in the stadium take a sharp hairpin right up "Caretakers Hill". You will be going past the little house where we all wonder "Who lives there?" Well, it's the home of Simon, Breanne and Sitka! Leland too! Wave as you go by and continue up to the top of Night Rider and onto Northern Lights. Hopefully this looks familiar because you would have done this last week. Carry on circumnavigating the race maze area on Northern Lights.

This time, on the downhill, instead of heading straight over to the dog trails at the bottom of the curving hill, you will take a sharp left to stay on Northern Lights. This corner could be VERY EXCITING!! If you have a hard time making the turn, "Who you gonna call?"

Once you've survived the corner, you will be on the meandering lower part of Northern Lights. You will pass through "the Hub" and make your way downhill, once again linking onto a short section of the Dog Trails. Take the hill down and keep left before the Dog Trail parking lot. This corner can be a little deceiving and may be a little icy. Stay in your ready position and KEEP LOOKING AROUND THE CORNER!!

As you approach the hill to the biathlon range, veer left onto Super Sprint. Enjoy the lovely gentle downhill and around the corner and across Night Rider at the Yahoo Junction. (Caution: as you cross here, be aware of skiers on your left that may be coming quickly down the Night Rider hill)

Continue down the back of Night Rider to the bottom of the hill at Canada Cup junction. Here you will be going left up the Canada Cup hill and then taking a right onto the Paranoctic shortcut towards the Gravel Pit **FUN!** We bet you've never skied THIS bit before!

Keep left as you enter the Gravel Pit area and continue on the Greenway which will lead you to the Larch Loop (right). Follow the Larch Loop as in week 1. This last part is nice and relaxing. Just a few little ups and downs before getting back onto the Greenway Corridor and heading North towards the lodge and your sprint to the finish. Well done! Don't forget to stop your Strava!