

***Athlete Information:***

Name: \_\_\_\_\_ Date of Birth: day \_\_\_\_ month \_\_\_\_ year \_\_\_\_

Care Card # \_\_\_\_\_

DOCTORS NAME & PHONE \_\_\_\_\_

***EMERGENCY CONTACT INFORMATION***

**PARENT/GUARDIAN:**

NAME: \_\_\_\_\_

PHONE: Home: \_\_\_\_\_ Cell: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/PROV: \_\_\_\_\_ POSTAL CODE \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

**PARENT/GUARDIAN:**

NAME: \_\_\_\_\_

PHONE: Home: \_\_\_\_\_ Cell: \_\_\_\_\_ Work \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/PROV: \_\_\_\_\_ POSTAL CODE \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

**ALTERNATE EMERGENCY CONTACT:**

NAME: \_\_\_\_\_ Relationship: \_\_\_\_\_

PHONE: Home: \_\_\_\_\_ Cell: \_\_\_\_\_ Work \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/PROV: \_\_\_\_\_ POSTAL CODE \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

Please complete medical information on the back of this page:

**Athletes and parents are responsible to advise of any relevant/recent injuries.**

Please communicate with your doctor and advise the coaching staff  
if your athlete requires a modified training plan.

## MEDICAL INFORMATION

Do you require any regular medication?  YES  NO if yes, indicate times and dosages below.

Medication	Dosage and Frequency	Purpose	Side effects

Do you carry medication for personal emergencies? (e.g. insulin, epi-pen, inhaler)  YES  NO  
If YES, where do you keep it OR where will your coach find it if needed (e.g. training bag, on person etc.)?

**\*\*Parent and Coach(es) have discussed location and administration of emergency medication  YES  NO**

Parent name and initial: \_\_\_\_\_ Coach name and initial: \_\_\_\_\_

Do you have **ASTHMA**?  YES  NO ASTHMA TRIGGERS: \_\_\_\_\_

Do you have any **ALLERGIES**?  YES  NO

Do you have **DIABETES**?  YES  NO

If YES to any of the above three, what are your reactions, what medications do you use for them and when?

Allergy/Reaction	Medication	Dosage and Frequency	Side Effects

Do you use any devices such as glasses, contact lenses, knee braces, hearing aid etc. If so, what are they?  
(Be specific)

Are there any other medical issues, relevant or recent injuries that we should be aware of?